



Be Naughty Menu: Nourishing Your Rebellious Inner Child

1. Cut the "DO NOT REMOVE" tag from your mattress.
2. Have sex outside.
3. Give your kid a mo-hawk without telling your spouse.
4. Play hookie from everything-phone, work, email, making the bed...
5. Draw a mustache on a poster.
6. Go to the movies one hour early and sneak into the other theaters to watch the end of the other movies.
7. Wear a short skirt with no panties.
8. Go through the express lane at the grocery store with more than 10 items.
9. Offer a friend vanilla ice cream but instead give them a scoop of mashed potatoes on a cone.
10. Make up a personality and introduce yourself to a stranger without breaking character.
11. Try washing something that says "dry clean only" (be careful with this one-I have certainly gotten myself in trouble with this defiance!)
12. Prank call your mom.